

Legal & General Group Plc
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Angellica Bell to host podcast aimed at challenging retirement stereotypes and encouraging people to start planning

- No two retirements are the same and we all aspire to a retirement that's healthy, happy, fulfilling and financially comfortable.
- *Rewirement*, a podcast from Legal & General, explores how we can do that and talks to inspiring people who are on their way to achieving it.

As a freelance broadcaster Angellica Bell knows the importance of planning for the future. In *Rewirement*, Angellica opens up the conversation on retirement in this eight-part podcast series, challenging the stereotypes on what we can achieve when we retire and looking at what we can all be doing to make sure we have a plan in place for when we enter the colourful world of retirement.

Angellica talks to two retired individuals doing incredible things per episode, such as Mick the coal miner turned ski instructor and Jacky, who went from working for an airline to obtaining a Masters in Forensic Psychology in her 50s and now flourishing as a county councillor.

Each episode looks at a different area of retirement, such as how to keep mentally and physically fit, relocating later in life and an LGBTQ+ retirement. Angellica's guests talk about how they opened a new chapter on their lives, changed their mindsets on retirement, the happiness it has given them and why there's no limitations on what you can do later in life. A career change doesn't have to be something reserved for the under-25s, nor does retirement have to be about puzzle mags and cups of tea.

While the opportunities are endless, the podcast highlights the importance of planning. Top financial experts break down the retirement facts, looking at everything from how not to retire – opportunities in the job sector for older people – to how coronavirus has affected retirement, and the reasons that have led to men having almost double in their pensions pots than women. As a conversation that needs to be had well in advance of retiring, listeners will get take away tips on what we can all be doing to make sure we have a plan in place.

The information contained in this press release is intended solely for journalists and should not be relied upon by private investors or any other persons to make financial decisions.

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Notes to Editors

About Legal & General

Established in 1836, Legal & General is one of the UK's leading financial services groups and a major global investor, with international businesses in the US, Europe, Middle East and Asia. With almost £1.3 trillion in total assets under management*, we are the UK's largest investment manager for corporate pension schemes and a UK market leader in pension risk transfer, life insurance, workplace pensions and retirement income. Through inclusive capitalism, we aim to build a better society by investing in long-term assets that benefit everyone.

** at 31 December 2020*

About Legal & General Retail Retirement (LGRR)

Legal & General Retail Retirement's mission is to help its customers lead longer, healthier, happier lives. We believe everyone should be able to have a 'more colourful retirement'. The Division comprises the Group's retirement savings and income, later life lending and care solutions businesses. In 2020, LGRR wrote £910 million of annuity premiums and issued £791 million of lifetime and retirement interest only mortgages.

Further information

Name: Millie Hyde-Smith

Company: Legal & General Retail Retirement

Tel: + 44 7393 753 588

Email: Millie.Hyde-smith@landg.com

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