



Legal & General Group Protection launches new 'Virtual Clinic' to its wellbeing support framework

Virtual GP and mental health support, including child mental health consultations, forms part of the new on demand healthcare services to help provide better workplace wellbeing

Legal & General Group Protection today announces the launch of its new Virtual Clinic, which centres on the addition of a new Virtual GP and mental health support service from Teladoc Health. This brings to employees everything from 24/7/365 access to GPs, to mental wellbeing support and counselling, plus a service for family members: child mental health consultations. The latter provides support with aspects such as behavioural techniques; gaining a better psychological understanding of the child's perspective; and information on how to navigate the mental health system.

The new Virtual GP and mental health support service is available to all their existing and new Group Income Protection (GIP) clients.

Virtual Clinic is provided on a modular basis, so it can complement any existing wellbeing services the client might have in place.

Legal & General says the new services sit alongside and complement its existing digital health support services, as part of the company's outcomes-focused wellbeing framework announced last year; *Be Well, Get Better, Be Supported*.

The framework aims to help employees and their immediate families:

Be Well – By actively managing employee wellbeing

Legal & General's Employee Assistance Programme in partnership with Health Assured is designed to help employees live happier, healthier lives and it is offered at no extra cost. Whether it's mental, physical or financial problems employees face, Health Assured offer a helpline to their wellbeing experts. Where appropriate, employees can also receive up to eight sessions of structured counselling. The wellbeing helpline service is available 24/7, 365 to all employees of their group income protection customers.

Through this partnership, Legal & General also provide access to My Healthy Advantage, Health Assured's health and wellbeing app, which offers a wide array of proactive wellbeing tools and features. These features have been carefully developed to improve mental and physical health – allowing users to set bespoke goals using personalised metrics.

Get Better – When accident or illness strikes

The new Virtual GP service from Teladoc Health provides fast and direct access to GPs, including those with an extended specialist role. Features include: 30-minute consultations; 90% of calls handled within 4 hours; private prescription service – same day/next day, 7 days a week; sick notes at no cost; private specialist referral at no cost, employees can access the service via app, web portal or phone.

In addition to the child mental health services outlined previously, Teladoc Health's mental health service also includes single session therapy for adults provided by Health and Care Professions Council (HCPC) Practitioner Psychologists, giving access to specialised focused psychological support.

Be Supported – When employees need it most

Earlier this year, Legal & General announced its partnership with HCI (Health and Care Innovations Limited) to bring long-term condition management app CONNECTPlus to individuals.

HCI co-designed CONNECTPlus with NHS clinicians and patients to provide easy access to high quality, ready-made health information and digital tools that support people to manage their whole health in one place and it has been successfully implemented within numerous NHS Foundation Trusts.

A bespoke version of the app has been developed with Legal & General for employers to empower individuals living with the long-term impacts of: Cancer; Multiple Sclerosis; Type 2 Diabetes; Stroke; Post Covid; Rheumatoid Arthritis. It provides interactive access to clinically assured information, plus pain and symptom trackers and medication management, with a view to helping employees and their families to cope, as well as supporting Line Managers and HR to better understand an employee's situation and the support they might need.

Everything in one place

These services also complement other established online and face-to-face services as part of Legal & General's Be Well, Get Better, Be Supported framework, such as: the Be Well Hub – a one-stop-shop for employers, providing access to a range of wellbeing resources, including signposting, education material and a HR Communication Toolkit; the Be Well Helpline – a direct line for employers and intermediaries to vocational clinical specialists, nurses, physiotherapists, occupational health advisers and occupational therapists, for help to support employees to remain in work if they are showing signs of struggling; the Post Covid support service and the Care Concierge service.

“We are delighted to partner with Teladoc Health – a proven and highly-regarded virtual care provider – as part of the evolution of our *Be Well, Get Better, Be Supported* framework. The Virtual Clinic builds on our existing wellbeing services to provide a comprehensive, personalised and digital framework to help employers support and empower their employees; whether they face short- or long- term conditions, and whether they need physical, psychological or social support – or a combination of these.

“It's a framework that supports the now well-evidenced, and increasingly popular, view that good work is good for health. And it's a framework that has flexibility according to client needs built in: avoiding duplication of services for some; ensuring equity of support for others.”

James Walker, Head of Product and Proposition at Legal & General Group Protection

Notes to editors

Where a minimum of 60% of all employees are covered by our group income protection, we can consider offering the Virtual GP service to all employees for that employer.

The information contained in this press release is intended solely for journalists and should not be relied upon by private investors or any other persons to make financial decisions.

About Legal & General

Established in 1836, Legal & General is one of the UK's leading financial services groups and a major global investor, with over £1.4 trillion in total assets under management* of which a third is international. We also provide powerful asset origination capabilities. Together, these underpin our leading retirement and protection solutions: we are a leading international player in pension risk transfer, in UK and US life insurance, and in UK workplace pensions and retirement income. Through inclusive capitalism, we aim to build a better society by investing in long-term assets that benefit everyone.

** at 31 December 2021*

About Legal & General Retail

As of 1st January 2022, Legal & General Retail Retirement and Legal & General Insurance (our two retail businesses) have been combined into one division, Legal & General Retail, to enable us to better serve the needs of our retail customers.

Legal & General Retail helps protect the lives and futures of our customers; the division covers the savings, protection and retirement needs of our c12 million retail policyholders and workplace members. In 2021, we wrote £957 million of annuity premiums, and issued £848 million of Lifetime Mortgages and Retirement Interest Only Mortgages. Our Workplace pension platform served 4.4 million members, while in the UK we paid out a total of £1,133.8 million in insurance claims.

Further information

Name: Suzanne Clarkson

Role: Communications Consultant

Division: Coach House Communications Ltd

Tel: 07799 873 586

Email: suzanne@chcomms.co.uk

Name: Claire Byrd

Role: PR & Marketing Manager

Division: Legal & General

Email: Claire.byrd@landg.com